

Alcohol & Substance Abuse

Substance Abuse and Mental Health Services Administration (SAMHSA)

1-800-662-HELP (4357)

Alcoholics Anonymous of Southwest MO

Springfield, Nixa, Ozark (417) 823-7125

aaswmo.org

Alternatives, Inc.

Springfield, Nixa (417) 883-7227

missourialternatives.com

Serves teens and adults

A&M Recovery

Springfield (417) 823-3808

aandmrecovery.com

CoxHealth Center for Addictions

Springfield (417) 269-2273

coxhealth.com/services/mental-health/ center-addictions

Eustasis Psychiatric & Addiction Health

Springfield, Ozark (417) 322-6622

eustasis.com

Higher Ground Recovery Center

Springfield (417) 869-0700

higherground417.org

Hope Homes of the Ozarks

Springfield (417) 920-5880

hopehomesoftheozarks.org

Serves teens and adults

Preferred Family Healthcare

Two Springfield locations:
Champion Center
(417) 862-3455
Carol Jones Recovery Center
(417) 862-3455
pfh.org/substance-use
Serves teens and adults

Synergy Executive

Ozark (417) 551-9192 synergyexecutive.com Serves men

Synergy Recovery Center

Rogersville (417) 812-4440 synergyrecoverycenter.com Serves women

Basic Needs: Food, Clothing, Shelter & Healthcare

United Way-Resource Specialists

Call 2-1-1 for help getting connected to local community resources

211helps.org

VA's Services for Homeless and At-Risk Veterans

(877) 424-3838

va.gov/homeless/nationalcallcenter.asp Services for veterans

Christian County Department of Social Services

Ozark (417) 581-7511

mydss.mo.gov

Apply for food, healthcare and utility assistance

Missouri Department of Social Services

Ozark (855) 373-4636

mydss.mo.gov

Apply for food, healthcare and utility assistance

Community Partnership of the Ozarks: One Door

Springfield (417) 225-7499

cpozarks.org/programs/one-door

Affordable housing, homelessness prevention, early childhood and family development and youth support

Gene Taylor VA Outpatient Clinic

Springfield (417) 891-4800

va.gov/find-locations/

facility/vha_564BY

Healthcare services for veterans

Basic Needs: Food, Clothing, Shelter & Healthcare Continued

Home at Last

Springfield (417) 225-7410 thekitcheninc.org/our-programs/home-at-last

Rent assistance, utility assistance, household items and case management for veterans

Least Of These

Ozark (417) 724-2500 leastofthesefoodpantry.org Food Pantry

LifeHouse Crisis Maternity Home: Catholic Charities of Southern Missouri

Springfield (417) 720-4213 ccsomo.org/ways-we-help/services-programs/lifehouse-crisis-maternity-home-aftercare-program.html Transitional housing for homeless, pregnant women 18+ and their children

MSU Care

Springfield (417) 837-2270 msucare.missouristate.edu Healthcare for uninsured, low-income patients age 18–64

OACAC

Ozark (417) 862-4314

oac.ac

Emergency Food and Shelter Program (EFSP), rent and utilities assistance

O'Reilly Center for Hope

Springfield
(417) 888-2020
cpozarks.org/programs/
oreilly-center-for-hope
Resources for those
experiencing poverty or
homelessness

The Rare Breed

Springfield (417) 865-6400 thekitcheninc.org/our-programs/rarebreed-youth-services Basic needs, shelter and housing assistance for ages 13-24

Rescue One

Springfield rescueoneinfo@gmail.com
Emergency pet food assistance

Safe to Sleep

Springfield (417) 225-7499 ccozarks.org/programs/safe-to-sleep Women's shelter 18+

Salvation Army: Harbor House

Springfield (417) 831-3371 centralusa.salvationarmy.org Frontline feeding program and men's shelter

Salvation Army: Emergency Social Services

Springfield (417) 862-5509 ext. 108 centralusa.salvationarmy.org
Rental assistance, clothing, diapers and formula, prescription assistance, transportation and food pantry

St. Matthew's Episcopal Church

Ozark (417) 581-1350 stmattsozark.diowestmo.org Free meal Wednesdays from 5-6:30 p.m.

Veterans Coming Home Center

Springfield (417) 866-3363 vchc.newlifeevangelistic center.org/springfieldMO/provide-housing Day shelter, computer access, mail, showers and laundry

Victory Mission

Springfield (417) 864-2235 victorymission.com/springfieldM0/provide-housing Emergency and transitional shelter for men

Domestic Violence

National Domestic Violence Hotline

1-800-799-SAFE (7233) or text "Start" to 88788

National Sexual Assault Hotline

1-800-656-HOPE (4673)

Crisis Center of Taney County

Branson (417) 561-5084 taneycrisiscenter.org

Freedom's Rest Family Violence Center

Ozark (417) 582-0344 freedomsrest.org

Harmony House

Springfield (417) 864-7233 myharmonyhouse.org

The Victim Center

Springfield (417)865-2273 thevictimcenter.org

Financial & Legal Services

Consumer Credit Counseling Service

Springfield (417) 889-7474 cccsoftheozarks.org

Free Legal Answers

missouri.freelegalanswers.org

Legal Services of Southern Missouri

Springfield (417) 881-1397 Isosm.org

Missouri Protection and Advocacy Services

Jefferson City, MO (573) 893-3333 moadvocacy.org

O'Reilly Center for Hope

Springfield (417) 888-2020 cpozarks.org/programs/oreilly-center-for-hope



Ozark Region

Missouri Job Center Ozark Region

Branson and Springfield (417) 887-4343

springfieldmo.gov/careercenter

jobs.mo.gov

Full-service employment training and support

- Job skills assessment and workshops
- Local job fairs and online jobs directory
- Get help filing for Unemployment

Free employment skills lessons, instructor-led courses, technology training and professional learning resources are available at christiancountylibrary.org/research

Mental Health

National Suicide Prevention Lifeline

1-800-273-TALK (8255) suicidepreventionlifeline.org

SAMHSA (Substance Abuse and Mental Health Services Administration)

1-800-662-HELP (4357) samhsa.gov/find-help/national-helpline

All Things New Counseling

Nixa (417) 848-5574 allthingsnewcounseling.com

CC Counseling Services

Ozark (417) 720-8023 cccounselors.com

Lost and Found Grief Center

Springfield (417) 865-9998 lostandfoundozarks.com

MAPS at Burrell Behavioral Health

Nixa (417) 413-1593 burrellcenter.com

Orchard Counseling

Ozark (417) 865-6955 orchardcounseling.org

Ozarks Counseling Center

Springfield (417) 869-9011 ozarkscounselingcenter.org

Touchstone Counseling

Ozark (417) 581-6911 touchstonehelping.com

Helpful Library Resources

Sometimes you don't want to talk to a stranger about something you're going through. We understand. Books about personal topics can be found in the non-fiction area of the library.

| Topic | Call Number | Topic | Call Number |
|-------------------|---------------------|--------------------|---------------|
| Abortion | 362.198 | Depression | 616.8527 |
| Abuse | 362.76 | Divorce | 306.89 |
| Adult Literacy | 428.1 | Drugs | 362.29, 613.8 |
| Alcohol | 362.29, 613.81 | Eating Disorders | 616.85 |
| Anxiety 152 | 2.46, 155.5, 616.85 | HIV/AIDS | 362.19 |
| Bankruptcy | 346.73 | Infertility | 618.1 |
| Body Changes | 612.6, 613.04 | LGBTQ+ | 306.76 |
| Bullying | 302 | Loss of a Child | 155.9 |
| Cancer | 616.99 | Loss of a Parent . | 306.87, 155.9 |
| Child Custody | 343.73 | Mental Illness | 616.89 |
| Cutting/Self-Harr | m 616.85 | Miscarriage | 618.3 |

| Topic | Call Number |
|-------------|------------------|
| Pregnancy | 306.87, 618.2 |
| Rape | 362.883 |
| Self-Esteem | 158.1, 305.23 |
| Sex | 613.9 |
| STDs | 616 |
| Suicide | . 362.28, 616.85 |

You are <u>always</u> welcome to ask library staff for help finding books and resources.

Pregnancy & Childcare

Abundant Blessings

Nixa (417) 294-9157

abundantblessingskids.com

Provides clothes for children

Child Advocacy Center

Springfield (417) 831-2327

childadvocacycenter.org

Child representation and abuse investigation

Children's Smile Center

Ozark

(417) 582-5439

smilecentermo.org

Dental care for ages 1–19

Diaper Bank of the Ozarks

Springfield and surrounding agencies (417) 501-4411

diaperbankoftheozarks.org

Diapers and cloth diaper loan program

The Doula Foundation

Springfield (417) 832-9222

doulafoundation.org

Childbirth and breastfeeding support

Great Circle

Springfield 1 (844) 424-3577

greatcircle.org

Autism, behavioral issues, crisis support, family support, learning and intellectual challenges, older youth, parenting, social interaction skills, trauma

Isabel's House

Springfield (417) 865-2273

isabelshouse.org

Children-only crisis shelter

LifeHouse Crisis Maternity Home: Catholic Charities of Southern Missouri

Springfield (417) 720-4213

ccsomo.org/ways-we-help/ services-programs

Transitional housing for homeless pregnant women and their children 18+

OACAC

Ozark (417) 862-4314

oac.ac

Family planning services

Planned Parenthood

Springfield (417) 883-3800

plannedparenthood.org

Family planning, pregnancy testing and health services

Pregnancy Care Center

Springfield (417) 887-0800

417choices.com

Pregnancy testing, limited ultrasounds and information on pregnancy options

WIC (Women, Infants & Children)

Ozark (417) 581-2385

christiancountyhealth.com/wic

Nutrition, food vouchers and breastfeeding support



Racing to Read is the library's early literacy program based on the Five Roads to Reading: 1 Love Books 2 Sing & Rhyme 1 Talk & Read 2 Tell Stories 5 Play with Letters.

Family Storytime

features one of the Five Roads to Reading each week. Watch a new storytime every Friday at youtube.com/ christiancountylibrary.

Ask a librarian about our adult literacy resources

Senior Services

MO Adult Abuse & Neglect Hotline

Springfield 1-800-392-0210 health.mo.gov/safety/abuse

MO Seniors Legal Helpline

1-800-235-5503

Nixa Senior Center

Nixa, MO (417) 725-2322 facebook.com/nixaseniorcenter

OATS Transit

(417) 887-9272 oatstransit.org/christian

Ozark Senior Center

Ozark, MO (417) 581-2538 facebook.com/OzarkSeniorCenter

SeniorAge Area Agency on Aging

Springfield (417) 862-0762 senioragemo.org

Christian County Library Homebound Program



Are you currently homebound?

You may be eligible to have library materials delivered to your front door by library staff and volunteers.

Call (417) 581-2432 to learn more.



Would you like to update your contact information or suggest a non-profit organization or free community resource to feature in this directory? Email ask-a-librarian@christiancountylibrary.org for more information.



christiancountylibrary.org

We are your public library, serving all of Christian County

CLEVER 7428 W. Veterans Blvd. (417) 743-2277 **NIXA** 208 N. McCroskey St. (417) 724-6100 **OZARK** 1005 N. 4th Ave. (417) 581-2432 **SPARTA** 147 Library Ln. (417) 441-1400