



Ozarks Region Community Resource Directory

Alcohol & Substance Abuse

page 2

Basic Needs

page 3

Domestic Violence

page 4

Financial & Legal Services

page 4

Mental Health

page 5

Pregnancy & Childcare

page 6

Senior Services

page 7

Alcohol & Substance Abuse

Substance Abuse and Mental Health Services Administration (SAMHSA)
+1(800) 662-HELP (4347)

Alcoholics Anonymous of Southwest MO
Springfield, Nixa, Ozark
(417) 823-7125
aaswmo.org

Alternatives, Inc.
Springfield, Nixa
(417) 883-7227
aandmrecovery.com
Serves teens and adults

CoxHealth Center for Addictions
Springfield
(417) 269-2273
coxhealth.com/services/mental-health/

Door to Hope Counseling & Education
Nixa
(417) 724-9767
satopdoortoshope.com

Eustasis Psychiatric & Addiction Health
Springfield, Ozark
(417) 322-6622
eustasis.com

Higher Ground Recovery Center
Springfield
(417) 869-0700
higherground417.org

Narcotics Anonymous
Nixa, Springfield
(800) 861-9372
narcotics.com
Serves teens and adults

Preferred Family Healthcare
Four Springfield locations
(417) 869-8911
pfh.org/substance-use
Serves teens and adults

Synergy Executive
Ozark
(417) 551-9192
synergyexecutive.com
Serves men

Synergy Recovery Center
Rogersville
(417) 812-4440
synergyrecoverycenter.com
Serves women

Basic Needs: Food, Clothing, Shelter & Healthcare

United Way-Resource Specialists
Call 2-1-1 for help getting connected to local community resources
211helps.org

VA's Services for Homeless and At-Risk Veterans
(877) 424-3838
va.gov/homeless/nationalcallcenter.asp
Services for veterans

Home at Last
Springfield
(417) 225-7410
thekitcheninc.org/our-programs/home-at-last
Rent assistance, utility assistance, household items and case management for veterans

Least Of These
Ozark
(417) 724-2500
leastofthesefoodpantry.org
Food Pantry

LifeHouse Crisis Maternity Home: Catholic Charities of Southern Missouri
Springfield
(417) 720-4213
ccsomo.org/lifehouse/
Transitional housing for homeless, pregnant women 18+ and their children

Basic Needs: Food, Clothing, Shelter & Healthcare Continued

MSU Care

Springfield
(417) 837-2270

msucare.missouristate.edu

Healthcare for uninsured,
low-income patients age 18–64

OACAC

Ozark
(417) 862-4314

oac.ac

Emergency Food and Shelter
Program (EFSP), rent and utilities
assistance

Christian County Department of Social Services

Ozark
(417) 485-1355

mydss.mo.gov

Apply for food, healthcare
and utility assistance

Missouri Department of Social Services

Ozark
(855) 373-4636

mydss.mo.gov

Apply for food, healthcare and
utility assistance

O'Reilly Center for Hope

Springfield
(417) 888-2020

cpozarks.org/programs/oreilly-center-for-hope

Resources for those
experiencing poverty or
homelessness

The Rare Breed

Springfield
(417) 865-6400
thekitcheninc.org/our-programs/rare-breed-youth-services

Basic needs, shelter and
housing assistance for ages
13-24

Rescue One

Springfield
rescueoneinfo@gmail.com
Emergency pet food assistance

Safe to Sleep

Springfield
(417) 862-3586
ccozarks.org/programs/safe-to-sleep
Women's shelter 18+

Salvation Army:

Harbor House

Springfield
(417) 831-3371
centralusa.salvationarmy.org
Frontline feeding program and
men's shelter

Community Partnership of the Ozarks: One Door

Springfield
(417) 225-7499
cpozarks.org/programs/one-door
Affordable housing,
homelessness prevention,
early childhood and family
development and youth support

Gene Taylor VA Outpatient Clinic

Springfield
(844) 501-8387 ext. 64500
va.gov/find-locations/facility/vha_564BY

Healthcare services for veterans

Salvation Army:

Emergency Social Services

Springfield
(417) 862-5509 ext. 108

centralusa.salvationarmy.org

Rental assistance, clothing,
diapers and formula,
prescription assistance,
transportation and food pantry

St. Matthew's Episcopal Church

Ozark
(417) 581-1350
stmattsozark.diowestmo.org

Free meal Wednesdays from
5-6:30 p.m.

Veterans Coming Home Center

Springfield
(417) 866-3363
vchc.newlifeevangelisticcenter.org/springfieldMO/
Day shelter, computer access,
mail, showers and laundry

Victory Mission + Ministry

Springfield
(417) 864-2200
victorymission.com/springfieldMO/provide-housing
Emergency and transitional
shelter for men

CC Links

Nixa
(417) 494-4982
christiancountylinks.net

Support organization for
individuals with developmental
disabilities

Domestic Violence

National Domestic

Violence Hotline

+1(800) 799-SAFE (7233)

or text "Start" to 88788

National Sexual

Assault Hotline

+1(800) 656-HOPE (4673)

Crisis Center of

Taney County

Branson

(417) 561-5084

taneycrisiscenter.org

The Victim Center

Springfield

(417) 863-7273

thevictimcenter.org

Harmony House

Springfield

(417) 864-7233

myharmonyhouse.org

Financial & Legal Services

Consumer Credit

Counseling Service

Springfield

(417) 889-7474

cccs of the heartland.org

Legal Services of

Southern Missouri

Springfield

(417) 881-1379

lsosm.org

O'Reilly Center for Hope

Springfield

(417) 888-2020

cpozarks.org/programs/

oreilly-center-for-hope

Free Legal Answers

missouri.freelegalanswers.org

Missouri Protection

and Advocacy Services

Jefferson City, MO

+1 (800) 392-8667

moadvocacy.org



A proud partner of the americanjobcenter network®

Ozark Region

Missouri Job Center

Ozark Region

Branson and Springfield

(417) 887-4343

springfieldmo.gov/careercenter

jobs.mo.gov

Full-service employment

training and support

- Job skills assessment and workshops
- Local job fairs and online jobs directory
- Get help filing for Unemployment

Free employment skills lessons, instructor-led courses, technology training and professional learning resources are available at
christiancountylibrary.org/research

Mental Health

988 Suicide and Crisis Lifeline
988
988lifeline.org

SAMHSA (Substance Abuse and Mental Health Services Administration)
1-800-662-HELP (4357)
samhsa.gov/find-help/national-helpline

All Things New Counseling
Nixa
(417) 848-5574
allthingsnewcounseling.com

CC Counseling Services
Ozark
(417) 720-8023
cccounselingservice.com

Eustasis Psychiatric and Addiction Health
Springfield, Ozark
(417) 322-6622
eustasis.com

Gene Taylor Veteran's Outpatient Clinic
Springfield
(844) 501-8387 ext. 64500
va.gov

Lost and Found Grief Center
Springfield
(417) 865-9998
lostandfoundozarks.com

MAPS at Burrell Behavioral Health
Nixa
(417) 761-5338
burrellcenter.com

Orchard Counseling
Ozark
(417) 865-6955
orchardcounseling.org

Ozarks Counseling Center
Springfield
(417) 869-9011
ozarks counselingcenter.org

Touchstone Counseling
Ozark
(417) 581-6911
touchstonehelping.com

Wellspring Life Counseling
Nixa
(417) 849-4300
lostandfoundozarks.com

Helpful Library Resources

Sometimes you don't want to talk to a stranger about something you're going through. We understand. Books about personal topics can be found in the non-fiction area of the library.

Topic	Call Number	Topic	Call Number	Topic	Call Number
Abortion	362.198	Depression	616.8527	Pregnancy	306.87, 618.2
Abuse	362.76	Divorce	306.89	Rape	362.883
Adult Literacy	428.1	Drugs	362.29, 613.8	Self-Esteem	158.1, 305.23
Alcohol	362.29, 613.81	Eating Disorders	616.85	Sex	613.9
Anxiety	152.46, 155.5, 616.85	HIV/AIDS	362.19	STDs.....	616
Bankruptcy	346.73	Infertility.....	618.1	Suicide	362.28, 616.85
Body Changes	612.6, 613.04	LGBTQ+	306.76		
Bullying	302	Loss of a Child	155.9		
Cancer	616.99	Loss of a Parent	306.87, 155.9		
Child Custody	343.73	Mental Illness	616.89		
Cutting/Self-Harm	616.85	Miscarriage.....	618.3		

You are always welcome to ask library staff for help finding books and resources.

Pregnancy & Childcare

Abundant Blessings

Nixa
(417) 294-9157

abundantblessingskids.com

Provides clothes for children

Child Advocacy Center

Springfield
(417) 831-2327

childadvocacycenter.org

Child representation and abuse investigation

Children's Smile Center

Ozark
(417) 582-5439

smilecentermo.org

Dental care for ages 1-19

Diaper Bank of the Ozarks

Springfield and surrounding agencies
(417) 862-3586

diaperbankoftheozarks.org

Diapers and cloth diaper loan program

The Doula Foundation

Springfield
(417) 832-9222

doulafoundation.org

Childbirth and breastfeeding support

Great Circle

Springfield
+1 (844) 424-3577

greatcircle.org

Autism, behavioral issues, crisis support, family support, learning and intellectual challenges, older youth, parenting, social interaction skills, trauma

Isabel's House

Springfield
(417) 865-2273

isabelhouse.org

Children-only crisis shelter

LifeHouse Crisis Maternity

Home: Catholic Charities of Southern Missouri

Springfield
(417) 720-4213

<https://ccsmo.org/programs-services/>

Transitional housing for homeless pregnant women and their children 18+

Lutheran Family and Children's Services

Springfield
(866) 326-5327

<https://lfcsmo.org>

Adoption, foster care, parenting and pregnancy services

OACAC

Ozark
(417) 862-4314

oac.ac

Family planning services

Planned Parenthood

Springfield
(417) 883-3800

plannedparenthood.org

Family planning, pregnancy testing and health services

Pregnancy Care Center

Springfield
(417) 877-0800

417choices.com

Pregnancy testing, limited ultrasounds and information on pregnancy options

Project Birthday Bag

Nixa
(417) 763-3369

projectbirthdaybag.org

Birthday gifts for children in need

WIC (Women, Infants & Children)

Ozark
(417) 581-2385

<https://www.christiancountymohealth.gov/wic>

Nutrition, food vouchers and breastfeeding support

MO Adult Abuse & Neglect Hotline
Springfield
+ 1 (800) 392-0210
health.mo.gov/safety/abuse

MO Seniors Legal Helpline
+1 (800) 235-5503
health.mo.gov/seniors/aaa/legal

Nixa Senior Center
Nixa, MO
(417) 725-2322
facebook.com/nixaseniorcenter

OATS Transit
(417) 887-9272
oatstransit.org/christian

Ozark Senior Center
Ozark, MO
(417) 581-2538
ozarkseniorcenter.com

SeniorAge Area Agency on Aging
Springfield
(417) 862-0762
senioragemo.org



Home Delivery Program

Can't make it to a library branch?
You may be eligible to have materials delivered to your home.
Call (417) 724-6100 to learn more.



Would you like to update your contact information or suggest a non-profit organization or free community resource to feature in this directory?

Email ask-a-librarian@christiancountylibrary.org for more information.